



Magnolia Times

A Newsletter from Magnolia Clubhouse

www.magnoliacubhouse.org

Holidays 2008

What's Cooking at Magnolia?



The big redo! The Magnolia Kitchen is slated for a remake. During November, groundbreaking is to occur for the construction of our bigger and better kitchen, the first phase of construction in our master plan is to join our two homes with a larger, efficient and accessible space for our club.

We will have twice as much room in our kitchen, and we will have: new ovens, new equipment, a new walk-in cooler and freezer. Right now, people need to squeeze by each other to work in the narrow kitchen, and work space is limited. We are all looking forward to our new and improved kitchen.

We will have more room for preparation, storage and cooking. This larger kitchen will allow everyone to move around freely without being crowded and will allow room to have more people working together. It's nice to work closely but right now the opinion in the kitchen is it's a little too close for comfort.

"It's going to be great! Wow!" says Willie Harrell, one of our regular cooks in the kitchen, "A lot of room for bigger messes and bigger clean ups. And we will be able to cook multiple products at the same time, which will be much more efficient and less time consuming."

Gregory Jones, our staff with cooking oversight, says, "We will be able to broil chicken and make it nice and crispy. We'll be much more productive. We will be able to bake more. And we'll be a lot more organized." "We will have more room for the stove and grilling" added Stanley Mathenay, another regular in food preparation work. And one of our dishwashers, Anthony Page, emphasized "We will be able to do the dishes faster and neater."

The expanded kitchen will not only allow more people to be involved in creating culinary delights, we will also be able to have a bigger crowd for lunch. This will be just what we need when we join the buildings and have more members. We expect the project to be done by next summer. We are looking forward to creating sizzling summer sensations!!



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Happy Holidays
from all of us
At Magnolia
Clubhouse!
Best Wishes for
Joyful
Celebrations
and Peace in
the New Year



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As we embark on the holiday season and come to the end of the calendar year, we want to express our deepest thanks and appreciation to everyone in our Magnolia Clubhouse community who has made this past year so very successful. Please see our annual report on our website for the details of our past fiscal year, July 1, 2007 through June 30, 2008.

Every contribution is greatly appreciated and makes a profound difference to our community. Our sincere thanks to the **hundreds of donors** who have made gifts to support the Annual Fund and early supporters of the Capital Campaign. We are grateful to all of you who have provided your time and expertise, your donations of needed items, and generous in-kind gifts. Every contribution is greatly appreciated and makes a profound difference to our community.

We want to express our appreciation to all the members of our **Foundation community** who have provided us with much needed resources. A special thank you to the Mayer Haber Memorial Fund of both The Cleveland Foundation and the Jewish Community Federation of Cleveland for supporting our capital project and our NCJW Young Adult Expansion Project respectively. And thank you to the Margaret Clark Morgan Foundation, Deaconess Community Foundation, Saint Luke's Foundation, and the Woodruff Foundation for leadership gifts to support our work. These foundations are allowing Magnolia Clubhouse to be a community of growth.

We are grateful for our **corporate partners** who have assisted by providing employment opportunities to our Clubhouse members through our **transitional employment program**. These employers are helping rebuild lives.

A very special thanks to the **United Way of Cleveland** and **Cuyahoga County Community Mental Health Board** and all of their supporters for providing us with core funding. This funding provides a significant portion of our support for the day to day costs of running our program and sustaining recent increases in capacity. This support is fundamental to our success and our bright future.

A special thanks to **Cynthia Griggins, Ph.D., Mary Kay Moore and Scott Mullan**, our outgoing board trustees, for their leadership and guidance over the years. We thank them for all that they have done and appreciate their ongoing support in continuing to work with us and sharing our Clubhouse story in our community.

We want to thank all of our dedicated members, trustees, staff, volunteers, groups and corporations for sharing your time and talents with our Clubhouse community. We welcome anyone who is interested in joining us -- we need everyone's support. Happy Holidays!

Grover C. Gilmore
Board President

Bettina Katz
Board Vice-President

Donor Spotlight: Thompson Hine- Dress Down day for the Clubhouse



When the opportunity arose for Robert West, an associate partner at Thompson Hine, to sponsor a charitable organization for the law firm's Dress

Down Friday fundraiser, his first thought was to consider Magnolia Clubhouse.

Mr. West encouraged his colleagues to participate by providing morning bagels for each floor that contributed over \$150. Later that week, employees of Thompson Hine dressed a little more casually for work and showed their care and commitment for those with mental illness by contributing over \$800 for the Clubhouse.

"Magnolia Clubhouse is a breath of fresh air in Cleveland's mental health community. It provides a sense of hope and accomplishment for those recovering from mental illness."

-Dr. Sara West

"Thompson Hine and its employees are dedicated to this community, as is Magnolia Clubhouse," said West. "The Clubhouse is an organization that enables others to go out and do their part to improve the Cleveland community. It was my honor to sponsor a fundraiser at Thompson Hine for the benefit of the Clubhouse."

Mr. West credits his wife, Dr. Sara West, psychiatrist and fellow in Forensic Psychiatry at University Hospitals/ Case Western Reserve University with the inspiration for his idea. She was the one who told him about Magnolia Clubhouse. Dr. West, through her work at University Hospitals, is well informed about the Clubhouse Model and its impact from Clubhouse members.

Dr. West notes, "Magnolia Clubhouse is a breath of fresh air in Cleveland's mental health community. It provides a sense of hope and accomplishment for those recovering from mental illness. It is a wonderful local resource that I am excited to share with my patients. It is organizations like the Clubhouse that make Cleveland great and we all should be thankful for the hard work and dedication that the Clubhouse provides to individuals with mental illness."

"The Clubhouse is an organization that enables others to go out and do their part to improve the Cleveland community. It was my honor to sponsor a fundraiser at Thompson Hine for the benefit of the Clubhouse."

-Robert West



Support from Thompson Hine and many other donors allowed Magnolia Clubhouse to reach and exceed last year's annual fund goal of \$65,000. We thank everyone for their generous support and for making the 2007-2008 drive so successful.

We hope that you will consider ways that you and your colleagues and friends might be able to support this year's Annual Fund drive to support the daily operations of the Clubhouse. Please call 216.721.3030 ext. 132 with any questions you may have regarding this year's Annual Fund.



NEIGHBORLY NEWS

Bloomin' Resale Shop & Member Art Gallery

Bloomin' Resale Shop and Art Gallery has many new and exciting changes taking place. A Bloomin' committee has been created and is working to breathe new life into the store. The committee consists of board members and community volunteers who bring with them energy and an eclectic knowledge base. Special thanks to Lynn Quintrell and Christeen Tuttle for their work with us in this new phase of blossoming for Bloomin'.



The first thing you will notice when you enter the store is the positive change that has taken place in every room. Each room now has a theme, is more open and organized, and is easier for members to care for and clean. Lynn and Christeen volunteer their time to stage each room of the store. This has enriched the atmosphere and created a more artistic and inviting space.



Bloomin' has also increased sales by incorporating technology through listing items on Craigslist.com. This has proven very successful in selling items and bringing attention to the Clubhouse and Bloomin' from a more varied audience. Through Craigslist we have made some great friends who now volunteer their time and expertise to assist us in repairing,



cleaning, staging and pricing. Magnolia Clubhouse and the Bloomin' Committee are enthusiastic in moving forward with these changes and invite all to join us as we grow. Donations and shoppers are welcome!



Montessori High School Moves In



Magnolia Clubhouse welcomes its brand new next door neighbor, Montessori High School at University Circle. The main classroom building is a 1910 mansion that has been renovated to house classrooms and offices. The student residence is a converted home on the lot directly adjacent. We look forward to getting to know the teachers and students and wish them well in their brand new location. Thank you to our neighbors for some donations to Bloomin' that have already sold!

Cleveland Music School Settlement

This past summer, a new and exciting opportunity presented itself for members of Magnolia Clubhouse. Thanks to the work and collaborations of Ronna Kaplan, Director of the Music Therapy Department, and Charlie Lawrence, President of the Cleveland Music School Settlement (CMSS) along with Willie Johnston and Lori D'Angelo from the Clubhouse, members were able to take part in music therapy and music lessons through CMSS, just next door to Magnolia Clubhouse. In addition to their efforts, Linda Allen, the Registrar of CMSS and Erin Quelhorst, Administrative Assistant of the Music Therapy Department played a significant part in helping process paperwork so that our members were able to start their lessons.



A group of ten members took advantage of the music therapy and lessons offered by CMSS. Emily Forquer, who had previously taken voice lessons and has always been interested in music, took voice lessons over the summer and was very grateful for the opportunity. "I took music therapy for years and I have always enjoyed singing, and it's been a great opportunity to come back and take voice lessons at such a discounted rate", she says. Other members, like Clyde Edwards, took music lessons. "I'm an avid guitar player and I greatly enjoyed the opportunity to strengthen my skills on the guitar," he said.



Emily Forquer practicing voice & piano lessons.

Clearly, this has proved to be a winning partnership for all the members involved in finding new ways to express themselves and heal. Thanks to Magnolia Clubhouse and the Cleveland Music School Settlement for allowing this partnership to happen.

Hawken School Helps



Head of Hawken School, D. Scott Looney and the administrative staff extended a helping hand to Magnolia Clubhouse. One primary purpose of the new Hawken School Sally and Bob Gries Center right across the street from the Clubhouse, is to engage the students in community service. Magnolia Clubhouse is planned to be a key site for this work.

In addition, the Clubhouse will be a part of the education of the students in the area of psychology. To demonstrate their own value of community service, the administrative staff of Hawken came to Magnolia Clubhouse to spend a morning volunteering for us. They enjoyed learning about the Clubhouse and getting to know the members and staff. Thanks to their help we have lovelier gardens and a beautifully painted third floor. We welcome our new neighbors and look forward to working together in the years to come. The Center is expected to open to students in Fall 2009.





MAGNOLIA CLUBHOUSE SUPPORTS EMPLOYMENT

Member spotlight: Chris Morgan



Stories of recovery and growth, especially when they are a result of someone at the Clubhouse are inspiring. For Chris Morgan, the Clubhouse has been an important stepping stone on his road to recovery.

Chris graduated from Miami University of Ohio with a degree in Finance. Following his graduation, he joined the U. S. Army where he lived in California and worked as a linguist translating

the Korean language. It was during this time that symptoms of mental illness became prevalent. Chris was diagnosed with schizophrenia and he was hospitalized for a short period.

Things began to turn around for Chris when he was put on a more effective medication, easing his symptoms. He began to attend the Clubhouse in early 2008 and started working in the kitchen, assisting with food preparation. Chris has since transitioned to working at the Clubhouse front desk. This work is helping prepare for a Magnolia Clubhouse Transitional Employment position doing receptionist work at the Cuyahoga County Community Mental Health Board.

Chris feels he has reaped many benefits from attending Magnolia Clubhouse. "My paranoia has greatly decreased, and I get a sense of accomplishment," says Chris. He enjoys interacting with members and working alongside the staff. "The Clubhouse is a wonderful place. We should all feel fortunate that we have such a great resource. Everyone at the Clubhouse is recovering from mental illness and we all deserve to feel better." In his free time Chris enjoys reading, meditation, racquetball and spending time with his family and girlfriend. We wish Chris the best of luck on his new job.

Summer at the Zoo with Transitional Employment

Magnolia Clubhouse has had seasonal Transitional Employment placements with the Cleveland Metroparks Zoo since 2005. This year, four members, Khalid Kaigler, Kevin Uter, Creola Lehman, and Arienson Newborn were employed in transitional employment positions on the service maintenance team working 20 to 25 hours a week. Khalid said he "enjoyed the interaction with people, who would ask me for help.... this made me feel approachable. I really wanted to do well with this job, and prove to myself that I could do this. It gave me a good start so I know now that I can do more."

Laurie Stojiov, coordinator of this employment opportunity, retired at the end of last year and Patty Clayton assumed her duties. We appreciate their enthusiasm and acceptance, and look forward to continuing our strong work partnership.





University Hospitals New Employment Partner

Our University Circle neighbor to the south, University Hospitals, is starting to work with us. As a new partner in Magnolia Clubhouse's Transitional Employment program, the hospital is providing the opportunity for members of the Clubhouse to work in the professional environment of a major teaching hospital in a large urban area.

Beginning TE positions will be in Environmental Services, where members will handle cleaning and housekeeping duties in public areas of the hospital.

Thank you to Ms. Jackie Rothstein and her husband Dr. Fred Rothstein for helping us get a foot in the door at the hospital. In developing these positions, what clinched the deal was Demetria Reynolds. A longtime Clubhouse member, Demetria has been working independently at the hospital for over 8 years. When the human resource staff realized Demetria was a Clubhouse member, they all exclaimed she was an exceptional employee and the vice president of an employee and patient relations group. They all were excited to have more employees like Demetria. "The Clubhouse gave me a good foundation – just waking up, coming in and participating in the Clubhouse work – it made me feel like a person who could work, despite mental illness." She is excited to know that other members will have an opportunity to work at the hospital, and is looking forward to helping them get started. Magnolia Clubhouse is thankful to UH for this important opportunity for our members.

"The Clubhouse gave me a good foundation – just waking up, coming in and participating in the Clubhouse work – it made me feel like a person who could work, despite mental illness."

Demetria Reynolds

Magnolia Clubhouse Members Share Their Stories

Recovery is WORKing! The Cuyahoga County Community Mental Health Board (CCCMHB) celebrated employment in October with a Consumer Employee Recognition Luncheon, held at Massimo di Milano Restaurant. The Clubhouse was extremely well represented with 12 of our 50 working members. Donnamarie Randolph and Paul Krueger gave personal testimonies on how working has helped with their recovery. For Paul, "having a structure at the Clubhouse was a good first step in my recovery. This enabled me to work at Zagara's Marketplace, where I have established a good work reference."



Donnamarie has regained her self-confidence as a result of her transitional employment position at Hickman & Lowder. "The Firm treats me as an individual who counts. The quality of my work, not the quantity, matters. It's taken time, but their consistent support helped me heal."



Community Leader Shares Milestone Birthday Celebration To Support Magnolia Clubhouse



Nan Cohen welcoming guests.

Throwing a traditional 50th birthday party was not something that interested **Nan Cohen**. Rather, Cohen, Principal of Cedar Brook Financial Partners, LLC, felt strongly about celebrating her milestone birthday by creating positive change in the community.

Accordingly, Nan used her birthday as an opportunity to introduce friends and colleagues to Magnolia Clubhouse. While many people encourage families and friends to make gifts to a non-profit for

special occasions, Cohen took things a step further by holding her birthday celebration at the Clubhouse.

On **Saturday, October 11, 2008**, Nan shared with over 100 friends and family her passion and commitment for the work that occurs at the Clubhouse every day. "I believe that everyone has the ability to make a difference in our community. This is my small way of doing something to highlight the outstanding work that happens at Magnolia Clubhouse," she said. "This place saves lives and provides tremendous hope to people with mental illness. I want to do whatever I can to help the Clubhouse fulfill its mission. I hope my friends and colleagues will consider volunteering and supporting the Clubhouse, or find ways to do some good in the community."

Magnolia Clubhouse received over \$32,000 from over one hundred and eighty-five donors in honor of Nan's 50th birthday. The funds will support the transformation of the landscape of the Clubhouse by creating a bountiful and therapeutic on-site vegetable and flower garden. Thank you to the Ohio Valley Group, Kathleen and Andy Dangelo and Terry Reis, for volunteering an outstanding design.

"Nan's gift will keep giving. Her innovative philanthropy is an inspiration to others," said Lori D'Angelo, Magnolia Clubhouse Executive Director.

"It wasn't dirt that Nan invested in, but people. Our Serenity Garden will be a tribute to her and all of her friends who understand the value of human worth," said Kathy Morris, Clubhouse Member and Board Member.



Mary-Kay Moore, Lori D'Angelo, and Terry Ries of The Ohio Valley Group.



Nan Cohen accepting her birthday present from the Clubhouse.



Vicky Ellison, Paula Feher, Fletcher Shepherd, and Nan.



Nan Cohen and Daniel Abrams, Fran and Mark Doris.



Cleve Gilmore and guests.



Cathy Petersen, Kathy Morris and Jane Kessler.

Nan Cohen's Friends Support Magnolia Clubhouse

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Donations as of 11/12/08

Thank you!!



2008 Mid-States Clubhouse Conference Cleveland and Clubhouse Rocks!



In September Magnolia Clubhouse hosted the 8th Mid-States Regional Clubhouse Conference, Clubhouse Rocks!, at the Renaissance Hotel in downtown Cleveland. Colleagues from 32 Clubhouses representing 11 states and one guest from Scotland came together to learn and celebrate our Clubhouse community. The conference started with a welcoming reception, including music by the Marcus Gaither Trio, pro bono. Congressman Dennis



Kucinich began our conference with a powerful and passionate message which began two and a half days of workshops, covering topics such as Leadership, Supported Education, Supported Employment, Wellness and Growing our Clubhouses. One of our TE Employers, Frank Hickman, and Donnamarie Randolph currently working in the TE, shared their experience for a plenary session. The conference ended with a banquet, followed by an evening of dancing to rock and roll provided by T. Condo, also pro bono.



One advantage of hosting the conference was the opportunity for so many of our Magnolia Clubhouse community being able to participate. Overall, 36 members and all staff were at the conference for at least part of the time. For Jonathan Sheldon, this was his first Clubhouse conference. "I really enjoyed meeting people from other Clubhouses. I participated in a Development workshop, and learned that we all have different ways of getting to the same



goal." Kathy Clemens, also attending her first conference, felt that "everyone was eager to be there for the opportunity to share and learn from each other. And it helped me appreciate how strong our Clubhouse is in so many areas."

New Staff Join Magnolia Clubhouse

Maria Asher joined the staff of Magnolia Clubhouse in March. Maria's responsibilities include working with members on fundraising, communications, and development activities, as well as supporting employment and social activities. Maria's professional experience includes 9 yrs. working on behalf of social service agencies in Cleveland. "Magnolia Clubhouse is unique among its peers in the mental health field. I'm thrilled to be a part of the Clubhouse and its groundbreaking model," Maria says.



Daisy, Brent and Maria.

Brent Hite joined the Clubhouse staff in April. His professional background includes experience in marketing, public relations, teaching and financial services. Fueled by a desire to help others, Brent says "I was very interested in the model that the Clubhouse was created on. I wanted to be a part of this great community." This position marks his first job in the mental health field. Of his new position he says, "I look forward to a long and fulfilling career at the Clubhouse. Everyday is a new and exciting experience."

Daisy Schwarz joined the Clubhouse in May. She was born and raised in Bedford, Kentucky. Daisy just finished an M.S.W. program at CSU where she had an undergraduate internship at the Public Defender's Office in forensic social work. She completed her graduate level internship at Jewish Family Service Association. Joining the staff of the Clubhouse was a natural progression for her. Daisy is currently pursuing another Master's Degree in Business Administration that she will complete next fall. She says eventually, after attaining this degree, her long term goal is to be a director of a Social Service Agency. According to Daisy, "I look forward to coming to work everyday, not many people have that luxury".

Annual Fund The Magnolia Clubhouse community thanks you for your vital support. We rely more and more on the support of individuals in the community like you. Government funding is increasingly difficult to sustain, due to the difficult economic times and competing needs. We also appreciate the economic difficulties for all the members of our community. Thank you all for contributing what you can to help us continue to be a community of growth, hope and opportunity. We have enclosed an envelope for your convenience. Thank you for considering our organization for your support.

2008 / 2009 Annual Fund Donors -July 1, 2008 to October 31, 2008

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In memory of Richard D'Angelo Mr. and Ms. Carmen Latessa	In memory of Edith W. Sechler, M.D. Dr. and Mrs. James Sechler	In memory of Justin Silvaroli Mr. and Ms. Carmen Latessa
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